

MES: Abril 2024

NEWTON COLLEGE

Lunes

Martes

Miércoles

Jueves

Viernes

1	2	3	4	5
8	9 "A banda" rice or Gazpacho Ham omelette with vegetable stew or Chicken fajitas Seasonal Fruit and bread	10 Braised beans with sausage or Nachos with cheddar cheese Hamburger with vegetables or Baked fish Fruit or dairy dessert and bread	11 Borsch Cream (beets, carrots and cheese) or Napolitan rice Bilbao-style haddock with diced potatoes or Hotdogs Seasonal Fruit and bread	12 Stewed lentils or Farfalle (bowtie pasta) with pesto Baked chicken with potatoes or Ham croquettes Custard and bread
15 Paella or Vichyssoise Sole in green sauce with sautéed carrots or Vegetable wok Seasonal Fruit and bread	16 Stewed chickpeas or Pumpkin soup Tenderloin with garlic with dressed broccoli or Squid in sauce Seasonal Fruit and bread	17 Chicken soup with noodles or Bean salad Chicken stew with vegetables or Spring roll Fruit or dairy dessert and bread	18 Macaroni bolognese or Cauliflower cheese with bechamel sauce French omelette with sautéed peas or Meat pie Seasonal Fruit and bread	19 Zucchini cream with croutons or Meat cannelloni Meatballs with mixed vegetables or Grilled hake in american sauce Cereals with yoghurt and bread
22 Stewed lentils or Lasagna Spanish omelette with vegetable stew or Cod fritters Seasonal Fruit and bread	23 Rice with tomato sauce or Ceci cream with potato, apple and quinoa Hotdogs with sautéed green beans or Haddock in sauce Seasonal Fruit and bread	24 Vegetables purée or Fideua (fine paella) Andalusian-style hake fillet with tomatoes with dressing or Marinated tenderloin in pepper sauce Fruit or dairy dessert and bread	25 Soup with ham & egg bits or Salmorejo (tomato-based soup) with hard-boiled egg Chicken with fine herbs with potatoes or Full course "cocido" stew Seasonal Fruit and bread	26 Elbow macaroni with tuna bolognese or Spinach with raisins Ham croquettes with vegetables or Lean pork with thyme Cream puffs and bread
29 Caldoso rice with vegetables with chicken strips or Broccoli au gratin Grilled burger with teriyaki sauce with sautéed zucchini or Fish brandade Seasonal Fruit and bread	30 Stew with spinach with hard-boiled egg or Fish soup Tenderloin with cheese with diced potatoes or Hake with sauce Seasonal Fruit and bread			Todos los días disponible buffet de ensalada y pan blanco e integral